

THE ENGLISH SCHOOLS' ATHLETIC ASSOCIATION
Track and Field Schools' Cup Scoring Tables – 2022 onwards

Junior Girls

| score | 100m | 200m | 300m yr 8 only | 800m | 1500m | Hurdles 75m | Relay | High Jump | Long Jump | Pole Vault | Shot 3kg | Discus 1kg | Javelin 500g | Hammer 3kg yr 8 only |
|-------|-------|-------|----------------------|---------|---------|----------------|-------|--------------|--------------|---------------|-------------|---------------|-----------------|----------------------------|
| 1 | 17.20 | 37.00 | 62.00 | 3:51.00 | 7:54.00 | 19.00 | 72.30 | 0.81 | 2.60 | 0.95 | 3.00 | 5.80 | 6.00 | 8.00 |
| 2 | 17.00 | 36.50 | 61.00 | 3:48.00 | 7:48.00 | 18.70 | 71.60 | 0.84 | 2.70 | 1.00 | 3.20 | 6.50 | 6.70 | 8.75 |
| 3 | 16.80 | 36.00 | 60.00 | 3:45.00 | 7:42.00 | 18.40 | 70.90 | 0.87 | 2.80 | 1.05 | 3.40 | 7.30 | 7.50 | 9.50 |
| 4 | 16.60 | 35.50 | 59.00 | 3:42.00 | 7:36.00 | 18.10 | 70.20 | 0.90 | 2.90 | 1.10 | 3.60 | 8.00 | 8.20 | 10.25 |
| 5 | 16.40 | 35.00 | 58.00 | 3:39.00 | 7:30.00 | 17.80 | 69.50 | 0.93 | 3.00 | 1.15 | 3.90 | 8.80 | 9.00 | 11.00 |
| 6 | 16.20 | 34.50 | 57.00 | 3:36.00 | 7:24.00 | 17.50 | 68.80 | 0.96 | 3.10 | 1.20 | 4.20 | 9.50 | 9.70 | 11.75 |
| 7 | 16.00 | 34.00 | 56.00 | 3:33.00 | 7:18.00 | 17.20 | 68.10 | 0.99 | 3.20 | 1.25 | 4.50 | 10.20 | 10.50 | 12.50 |
| 8 | 15.80 | 33.50 | 55.00 | 3:30.00 | 7:12.00 | 16.90 | 67.40 | 1.02 | 3.30 | 1.30 | 4.80 | 11.00 | 11.20 | 13.25 |
| 9 | 15.60 | 33.00 | 54.20 | 3:27.00 | 7:06.00 | 16.60 | 66.70 | 1.05 | 3.40 | 1.35 | 5.10 | 11.80 | 12.00 | 14.00 |
| 10 | 15.40 | 32.50 | 53.40 | 3:24.00 | 7:00.00 | 16.30 | 66.00 | 1.08 | 3.50 | 1.40 | 5.40 | 12.50 | 12.70 | 14.75 |
| 11 | 15.20 | 32.10 | 52.60 | 3:21.00 | 6:54.00 | 16.00 | 65.30 | 1.11 | 3.60 | 1.45 | 5.70 | 13.20 | 13.50 | 15.50 |
| 12 | 15.00 | 31.80 | 51.80 | 3:18.00 | 6:48.00 | 15.70 | 64.60 | 1.14 | 3.70 | 1.50 | 6.00 | 14.00 | 14.20 | 16.25 |
| 13 | 14.80 | 31.50 | 51.00 | 3:15.00 | 6:42.00 | 15.40 | 63.90 | 1.17 | 3.80 | 1.55 | 6.30 | 14.80 | 15.00 | 17.00 |
| 14 | 14.60 | 31.20 | 50.20 | 3:12.00 | 6:36.00 | 15.10 | 63.20 | 1.20 | 3.90 | 1.60 | 6.60 | 15.50 | 15.70 | 18.00 |
| 15 | 14.40 | 30.90 | 49.40 | 3:09.00 | 6:30.00 | 14.80 | 62.50 | 1.23 | 4.00 | 1.65 | 6.80 | 16.30 | 16.50 | 19.00 |
| 16 | 14.30 | 30.60 | 48.80 | 3:06.00 | 6:24.00 | 14.60 | 61.80 | 1.26 | 4.10 | 1.70 | 7.00 | 17.00 | 17.20 | 20.00 |
| 17 | 14.20 | 30.30 | 48.20 | 3:03.00 | 6:18.00 | 14.40 | 61.10 | 1.29 | 4.15 | 1.75 | 7.20 | 17.80 | 18.00 | 21.00 |
| 18 | 14.10 | 30.00 | 47.60 | 3:00.00 | 6:12.00 | 14.20 | 60.40 | 1.32 | 4.25 | 1.80 | 7.40 | 18.50 | 18.70 | 22.00 |
| 19 | 14.00 | 29.70 | 47.00 | 2:57.00 | 6:06.00 | 14.00 | 59.70 | 1.35 | 4.35 | 1.95 | 7.60 | 19.30 | 19.50 | 23.00 |
| 20 | 13.90 | 29.40 | 46.40 | 2:54.00 | 6:00.00 | 13.80 | 59.00 | 1.38 | 4.45 | 2.00 | 7.80 | 20.00 | 20.20 | 24.00 |
| 21 | 13.80 | 29.10 | 46.00 | 2:51.00 | 5:54.00 | 13.60 | 58.30 | 1.41 | 4.55 | 2.05 | 8.00 | 20.80 | 21.00 | 25.00 |
| 22 | 13.70 | 28.80 | 45.60 | 2:48.00 | 5:48.00 | 13.40 | 57.60 | 1.44 | 4.60 | 2.10 | 8.20 | 21.50 | 21.70 | 26.50 |
| 23 | 13.60 | 28.50 | 45.20 | 2:45.00 | 5:42.00 | 13.20 | 56.90 | 1.47 | 4.65 | 2.15 | 8.40 | 22.30 | 22.50 | 28.00 |
| 24 | 13.50 | 28.20 | 44.80 | 2:42.00 | 5:36.00 | 13.00 | 56.20 | 1.50 | 4.70 | 2.20 | 8.60 | 23.00 | 23.20 | 29.50 |
| 25 | 13.40 | 27.90 | 44.40 | 2:39.00 | 5:30.00 | 12.80 | 55.50 | 1.53 | 4.75 | 2.25 | 8.80 | 23.80 | 24.00 | 31.00 |
| 26 | 13.30 | 27.60 | 44.00 | 2:36.00 | 5:24.00 | 12.60 | 54.80 | 1.55 | 4.80 | 2.30 | 9.00 | 24.50 | 25.00 | 32.50 |
| 27 | 13.20 | 27.30 | 43.60 | 2:33.00 | 5:18.00 | 12.40 | 54.10 | 1.57 | 4.85 | 2.35 | 9.20 | 25.30 | 26.00 | 34.00 |
| 28 | 13.10 | 27.00 | 43.20 | 2:30.00 | 5:12.00 | 12.20 | 53.40 | 1.59 | 4.90 | 2.40 | 9.40 | 26.00 | 27.00 | 35.50 |
| 29 | 13.00 | 26.70 | 42.80 | 2:28.00 | 5:08.00 | 12.00 | 52.90 | 1.61 | 4.95 | 2.50 | 9.60 | 26.70 | 28.00 | 37.00 |
| 30 | 12.90 | 26.40 | 42.40 | 2:26.00 | 5:04.00 | 11.80 | 52.40 | 1.63 | 5.00 | 2.60 | 9.80 | 27.40 | 29.00 | 38.50 |
| 31 | 12.80 | 26.10 | 42.00 | 2:24.00 | 5:00.00 | 11.60 | 51.90 | 1.65 | 5.05 | 2.70 | 10.00 | 28.10 | 30.00 | 40.00 |
| 32 | 12.70 | 25.80 | 41.60 | 2:22.00 | 4:56.00 | 11.40 | 51.40 | 1.67 | 5.10 | 2.80 | 10.20 | 28.80 | 31.00 | 41.50 |
| 33 | 12.60 | 25.50 | 41.20 | 2:20.00 | 4:52.00 | 11.20 | 50.90 | 1.69 | 5.15 | 2.90 | 10.40 | 29.50 | 32.00 | 43.00 |
| 34 | 12.50 | 25.20 | 40.80 | 2:18.00 | 4:48.00 | 11.00 | 50.40 | 1.71 | 5.20 | 3.00 | 10.60 | 30.20 | 33.00 | 44.50 |
| 35 | 12.40 | 24.90 | 40.40 | 2:16.00 | 4:44.00 | 10.80 | 49.90 | 1.73 | 5.25 | 3.10 | 10.80 | 30.90 | 34.00 | 46.00 |
| 36 | 12.30 | 24.60 | 40.00 | 2:14.00 | 4:40.00 | 10.60 | 49.40 | 1.75 | 5.30 | 3.20 | 11.00 | 31.60 | 35.00 | 47.50 |
| 37 | 12.20 | 24.30 | 39.60 | 2:12.00 | 4:36.00 | 10.40 | 48.90 | 1.77 | 5.35 | 3.30 | 11.20 | 32.30 | 36.00 | 49.00 |
| 38 | 12.10 | 24.00 | 39.20 | 2:10.00 | 4:32.00 | 10.20 | 48.40 | 1.79 | 5.40 | 3.40 | 11.40 | 33.00 | 37.00 | 50.50 |
| 39 | 12.00 | 23.70 | 38.80 | 2:08.00 | 4:28.00 | 10.00 | 47.90 | 1.81 | 5.45 | 3.50 | 11.60 | 33.70 | 38.00 | 52.00 |
| 40 | 11.90 | 23.40 | 38.40 | 2:06.00 | 4:24.00 | 9.80 | 47.40 | 1.83 | 5.50 | 3.60 | 11.80 | 34.40 | 39.00 | 53.50 |
| 41 | 11.80 | 23.10 | 38.00 | 2:04.00 | 4:20.00 | 9.60 | 46.90 | 1.85 | 5.55 | 3.70 | 12.00 | 35.10 | 40.00 | 55.00 |
| 42 | 11.70 | 22.80 | 37.60 | 2:02.00 | 4:16.00 | 9.40 | 46.40 | 1.87 | 5.60 | 3.80 | 12.20 | 35.80 | 41.00 | 56.50 |
| 43 | 11.60 | 22.50 | 37.20 | 2:00.00 | 4:12.00 | 9.20 | 45.90 | 1.89 | 5.65 | 3.90 | 12.40 | 36.50 | 42.00 | 58.00 |
| 44 | 11.50 | 22.20 | 36.80 | 1:58.00 | 4:08.00 | 9.00 | 45.40 | 1.91 | 5.70 | 4.00 | 12.60 | 37.20 | 43.00 | 59.50 |
| 45 | 11.40 | 21.90 | 36.40 | 1:56.00 | 4:04.00 | 8.80 | 44.90 | 1.93 | 5.75 | 4.20 | 12.80 | 37.90 | 44.00 | 61.00 |
| 46 | 11.30 | 21.60 | 36.00 | 1:54.00 | 4:00.00 | 8.60 | 44.40 | 1.95 | 5.80 | 4.30 | 13.00 | 38.60 | 45.00 | 62.50 |
| 47 | 11.20 | 21.30 | 35.60 | 1:52.00 | 3:56.00 | 8.40 | 43.90 | 1.97 | 5.85 | 4.40 | 13.20 | 39.30 | 46.00 | 64.00 |
| 48 | 11.10 | 21.00 | 35.20 | 1:50.00 | 3:52.00 | 8.20 | 43.40 | 1.99 | 5.90 | 4.50 | 13.40 | 40.00 | 47.00 | 65.50 |

THE ENGLISH SCHOOLS' ATHLETIC ASSOCIATION
Track and Field Schools' Cup Scoring Tables – 2022 onwards

Inter Girls

| score | 100m | 200m | 300m | 800m | 1500m | Hurdles 80m | Relay | High Jump | Long Jump | Triple Jump yr 10 only | Pole Vault | Shot 3kg | Discus 1kg | Javelin 500g | Hammer 3kg |
|-------|-------|-------|-------|---------|---------|----------------|-------|--------------|--------------|---------------------------------|---------------|-------------|---------------|-----------------|---------------|
| 1 | 16.60 | 34.70 | 60.40 | 3:36.00 | 7:31.00 | 19.20 | 71.50 | 0.90 | 2.75 | 7.20 | 1.20 | 3.40 | 8.70 | 9.20 | 8.00 |
| 2 | 16.40 | 34.30 | 59.60 | 3:33.00 | 7:25.00 | 18.90 | 70.80 | 0.93 | 2.85 | 7.30 | 1.30 | 3.70 | 9.50 | 10.20 | 9.00 |
| 3 | 16.20 | 33.90 | 58.80 | 3:30.00 | 7:19.00 | 18.60 | 70.10 | 0.96 | 2.95 | 7.40 | 1.40 | 4.00 | 10.20 | 11.20 | 10.00 |
| 4 | 16.00 | 33.50 | 58.00 | 3:27.00 | 7:13.00 | 18.30 | 69.40 | 0.99 | 3.05 | 7.50 | 1.50 | 4.30 | 11.00 | 12.20 | 11.00 |
| 5 | 15.80 | 33.10 | 57.20 | 3:24.00 | 7:07.00 | 18.00 | 68.70 | 1.02 | 3.15 | 7.60 | 1.55 | 4.60 | 11.70 | 13.20 | 12.00 |
| 6 | 15.60 | 32.70 | 56.40 | 3:21.00 | 7:01.00 | 17.70 | 68.00 | 1.05 | 3.25 | 7.70 | 1.60 | 4.90 | 12.50 | 14.20 | 13.00 |
| 7 | 15.40 | 32.30 | 55.60 | 3:18.00 | 6:55.00 | 17.40 | 67.30 | 1.08 | 3.35 | 7.80 | 1.65 | 5.20 | 13.20 | 14.90 | 14.00 |
| 8 | 15.20 | 31.90 | 54.80 | 3:15.00 | 6:49.00 | 17.10 | 66.60 | 1.11 | 3.45 | 7.90 | 1.70 | 5.50 | 14.00 | 15.60 | 15.00 |
| 9 | 15.00 | 31.50 | 54.00 | 3:12.00 | 6:43.00 | 16.80 | 65.90 | 1.14 | 3.55 | 8.00 | 1.75 | 5.80 | 14.70 | 16.30 | 16.00 |
| 10 | 14.80 | 31.20 | 53.20 | 3:09.00 | 6:37.00 | 16.50 | 65.20 | 1.17 | 3.65 | 8.15 | 1.80 | 6.10 | 15.50 | 17.00 | 17.00 |
| 11 | 14.60 | 30.90 | 52.40 | 3:06.00 | 6:31.00 | 16.20 | 64.50 | 1.20 | 3.75 | 8.30 | 1.90 | 6.40 | 16.20 | 17.70 | 18.00 |
| 12 | 14.40 | 30.60 | 51.60 | 3:03.00 | 6:25.00 | 15.90 | 63.80 | 1.23 | 3.85 | 8.45 | 1.95 | 6.70 | 17.00 | 18.40 | 19.00 |
| 13 | 14.30 | 30.30 | 50.80 | 3:00.00 | 6:19.00 | 15.60 | 63.10 | 1.26 | 3.95 | 8.60 | 2.00 | 7.00 | 17.70 | 19.10 | 20.00 |
| 14 | 14.20 | 30.00 | 50.00 | 2:57.00 | 6:13.00 | 15.30 | 62.40 | 1.29 | 4.05 | 8.75 | 2.05 | 7.30 | 18.50 | 19.80 | 21.00 |
| 15 | 14.10 | 29.70 | 49.40 | 2:54.00 | 6:07.00 | 15.00 | 61.70 | 1.32 | 4.15 | 8.90 | 2.10 | 7.60 | 19.20 | 20.50 | 22.00 |
| 16 | 14.00 | 29.40 | 48.80 | 2:51.00 | 6:01.00 | 14.70 | 61.00 | 1.35 | 4.25 | 9.05 | 2.15 | 7.90 | 20.00 | 21.20 | 23.00 |
| 17 | 13.90 | 29.10 | 48.20 | 2:48.00 | 5:55.00 | 14.40 | 60.30 | 1.38 | 4.35 | 9.20 | 2.20 | 8.20 | 20.70 | 21.90 | 24.00 |
| 18 | 13.80 | 28.80 | 47.60 | 2:46.00 | 5:50.00 | 14.10 | 59.60 | 1.41 | 4.45 | 9.35 | 2.25 | 8.50 | 21.50 | 23.60 | 25.00 |
| 19 | 13.70 | 28.50 | 47.00 | 2:44.00 | 5:45.00 | 13.80 | 58.90 | 1.44 | 4.55 | 9.50 | 2.30 | 8.80 | 22.20 | 24.30 | 26.00 |
| 20 | 13.60 | 28.20 | 46.40 | 2:42.00 | 5:40.00 | 13.50 | 58.20 | 1.47 | 4.65 | 9.65 | 2.35 | 9.10 | 23.00 | 25.00 | 27.00 |
| 21 | 13.50 | 27.90 | 45.80 | 2:40.00 | 5:35.00 | 13.20 | 57.50 | 1.50 | 4.75 | 9.80 | 2.40 | 9.40 | 23.70 | 25.80 | 28.00 |
| 22 | 13.40 | 27.60 | 45.20 | 2:38.00 | 5:30.00 | 13.00 | 56.80 | 1.53 | 4.85 | 9.95 | 2.45 | 9.70 | 24.50 | 26.60 | 29.00 |
| 23 | 13.30 | 27.30 | 44.60 | 2:36.00 | 5:25.00 | 12.80 | 56.10 | 1.56 | 4.95 | 10.10 | 2.50 | 9.90 | 25.20 | 27.40 | 30.00 |
| 24 | 13.20 | 27.00 | 44.00 | 2:34.00 | 5:20.00 | 12.60 | 55.40 | 1.59 | 5.05 | 10.20 | 2.55 | 10.10 | 26.00 | 28.20 | 31.00 |
| 25 | 13.10 | 26.70 | 43.40 | 2:32.00 | 5:15.00 | 12.40 | 54.70 | 1.62 | 5.10 | 10.30 | 2.60 | 10.30 | 27.00 | 29.00 | 32.00 |
| 26 | 13.00 | 26.40 | 42.80 | 2:30.00 | 5:10.00 | 12.20 | 54.00 | 1.64 | 5.15 | 10.40 | 2.65 | 10.50 | 28.00 | 29.80 | 33.00 |
| 27 | 12.90 | 26.10 | 42.20 | 2:28.00 | 5:05.00 | 12.00 | 53.30 | 1.66 | 5.20 | 10.50 | 2.70 | 10.70 | 29.00 | 30.60 | 34.00 |
| 28 | 12.80 | 25.80 | 41.60 | 2:26.00 | 5:01.00 | 11.80 | 52.60 | 1.68 | 5.25 | 10.60 | 2.75 | 10.90 | 30.00 | 31.40 | 35.00 |
| 29 | 12.70 | 25.50 | 41.20 | 2:24.00 | 4:57.00 | 11.60 | 52.10 | 1.70 | 5.30 | 10.70 | 2.80 | 11.10 | 31.00 | 32.40 | 36.50 |
| 30 | 12.60 | 25.20 | 40.80 | 2:22.00 | 4:53.00 | 11.40 | 51.60 | 1.72 | 5.35 | 10.80 | 2.85 | 11.30 | 32.00 | 33.40 | 38.00 |
| 31 | 12.50 | 24.90 | 40.40 | 2:20.00 | 4:49.00 | 11.20 | 51.10 | 1.74 | 5.40 | 10.90 | 2.90 | 11.50 | 33.00 | 34.40 | 39.50 |
| 32 | 12.40 | 24.60 | 40.00 | 2:18.00 | 4:45.00 | 11.00 | 50.60 | 1.76 | 5.45 | 11.00 | 2.95 | 11.70 | 34.00 | 35.40 | 41.00 |
| 33 | 12.30 | 24.30 | 38.60 | 2:16.00 | 4:41.00 | 10.80 | 50.10 | 1.78 | 5.50 | 11.10 | 3.00 | 11.90 | 35.00 | 36.40 | 42.50 |
| 34 | 12.20 | 24.00 | 38.20 | 2:14.00 | 4:37.00 | 10.60 | 49.60 | 1.80 | 5.55 | 11.20 | 3.05 | 12.10 | 36.00 | 37.40 | 44.00 |
| 35 | 12.10 | 23.70 | 37.80 | 2:12.00 | 4:33.00 | 10.40 | 49.10 | 1.82 | 5.60 | 11.30 | 3.10 | 12.30 | 37.00 | 38.40 | 45.50 |
| 36 | 12.00 | 23.40 | 37.40 | 2:10.00 | 4:29.00 | 10.20 | 48.60 | 1.84 | 5.65 | 11.40 | 3.15 | 12.50 | 38.00 | 39.40 | 47.00 |
| 37 | 11.90 | 23.10 | 37.00 | 2:08.00 | 4:25.00 | 10.00 | 48.10 | 1.86 | 5.70 | 11.50 | 3.20 | 12.70 | 39.00 | 40.40 | 48.50 |
| 38 | 11.80 | 22.80 | 36.60 | 2:06.00 | 4:21.00 | 9.80 | 47.60 | 1.88 | 5.75 | 11.60 | 3.25 | 12.90 | 40.00 | 41.40 | 50.00 |
| 39 | 11.70 | 22.50 | 36.20 | 2:04.00 | 4:17.00 | 9.60 | 47.10 | 1.90 | 5.80 | 11.70 | 3.30 | 13.10 | 41.00 | 42.40 | 51.50 |
| 40 | 11.60 | 22.20 | 35.80 | 2:02.00 | 4:13.00 | 9.40 | 46.60 | 1.92 | 5.85 | 11.80 | 3.35 | 13.30 | 42.00 | 43.40 | 53.00 |
| 41 | 11.50 | 21.90 | 35.40 | 2:00.00 | 4:09.00 | 9.20 | 46.10 | 1.94 | 5.90 | 11.90 | 3.40 | 13.50 | 43.00 | 44.40 | 54.50 |
| 42 | 11.40 | 21.60 | 35.00 | 1:58.00 | 4:05.00 | 9.00 | 45.60 | 1.96 | 5.95 | 12.00 | 3.45 | 13.70 | 44.00 | 45.40 | 56.00 |
| 43 | 11.30 | 21.30 | 34.60 | 1:56.00 | 4:01.00 | 8.80 | 45.10 | 1.98 | 6.00 | 12.10 | 3.50 | 13.90 | 45.00 | 46.40 | 57.50 |
| 44 | 11.20 | 21.00 | 34.20 | 1:54.00 | 3:57.00 | 8.60 | 44.60 | 2.00 | 6.05 | 12.20 | 3.55 | 14.10 | 46.00 | 47.40 | 59.00 |
| 45 | 11.10 | 20.70 | 33.80 | 1:52.00 | 3:53.00 | 8.40 | 44.10 | 2.02 | 6.10 | 12.30 | 3.60 | 14.30 | 47.00 | 48.40 | 60.50 |
| 46 | 11.00 | 20.40 | 33.40 | 1:50.00 | 3:49.00 | 8.20 | 43.60 | 2.04 | 6.15 | 12.40 | 3.65 | 14.50 | 48.00 | 49.40 | 62.00 |
| 47 | 10.90 | 20.10 | 33.00 | 1:48.00 | 3:45.00 | 8.00 | 43.10 | 2.06 | 6.20 | 12.50 | 3.70 | 14.70 | 49.00 | 50.40 | 63.50 |
| 48 | 10.80 | 19.80 | 32.60 | 1:46.00 | 3:41.00 | 7.80 | 42.60 | 2.08 | 6.25 | 12.60 | 3.75 | 14.90 | 50.00 | 51.40 | 65.00 |

THE ENGLISH SCHOOLS' ATHLETIC ASSOCIATION

Track and Field Schools' Cup Scoring Tables – 2022 onwards

Junior Boys

| score | 100m | 200m | 300m yr 8 only | 800m | 1500m | Hurdles 80m | Relay | High Jump | Long Jump | Triple Jump yr 8 only | Pole Vault | Shot 3kg | Discus 1kg | Javelin 600g | Hammer 3kg yr 8 only |
|-------|-------|-------|----------------------|---------|---------|----------------|-------|--------------|--------------|--------------------------------|---------------|-------------|---------------|-----------------|----------------------------|
| 1 | 16.20 | 34.60 | 57.00 | 3:33.00 | 7:00.00 | 18.40 | 72.00 | 0.93 | 2.85 | 7.20 | 1.20 | 4.00 | 8.50 | 8.00 | 8.00 |
| 2 | 16.00 | 34.20 | 56.00 | 3:30.00 | 6:52.00 | 18.10 | 71.00 | 0.96 | 3.00 | 7.30 | 1.30 | 4.40 | 9.20 | 9.00 | 9.00 |
| 3 | 15.80 | 33.80 | 55.00 | 3:27.00 | 6:44.00 | 17.80 | 70.00 | 0.99 | 3.10 | 7.40 | 1.40 | 4.80 | 9.90 | 10.00 | 10.00 |
| 4 | 15.60 | 33.40 | 54.00 | 3:23.00 | 6:36.00 | 17.50 | 69.00 | 1.02 | 3.20 | 7.50 | 1.50 | 5.20 | 10.60 | 11.00 | 11.00 |
| 5 | 15.40 | 33.00 | 53.00 | 3:19.00 | 6:28.00 | 17.20 | 68.00 | 1.05 | 3.30 | 7.60 | 1.60 | 5.60 | 11.30 | 12.00 | 12.00 |
| 6 | 15.20 | 32.60 | 52.00 | 3:15.00 | 6:20.00 | 16.90 | 67.00 | 1.08 | 3.40 | 7.70 | 1.65 | 5.90 | 12.10 | 13.00 | 13.00 |
| 7 | 15.00 | 32.20 | 51.00 | 3:11.00 | 6:12.00 | 16.60 | 66.00 | 1.11 | 3.50 | 7.80 | 1.70 | 6.20 | 12.90 | 14.00 | 14.00 |
| 8 | 14.80 | 31.80 | 50.00 | 3:07.00 | 6:04.00 | 16.30 | 65.00 | 1.14 | 3.60 | 7.95 | 1.75 | 6.50 | 13.70 | 15.00 | 15.00 |
| 9 | 14.60 | 31.40 | 49.00 | 3:04.00 | 5:58.00 | 16.10 | 64.00 | 1.17 | 3.70 | 8.10 | 1.80 | 6.80 | 14.50 | 16.00 | 16.00 |
| 10 | 14.40 | 31.00 | 48.40 | 3:01.00 | 5:52.00 | 15.90 | 63.00 | 1.20 | 3.80 | 8.25 | 1.85 | 7.10 | 15.50 | 17.00 | 17.00 |
| 11 | 14.20 | 30.60 | 47.80 | 2:58.00 | 5:46.00 | 15.70 | 62.00 | 1.23 | 3.90 | 8.40 | 1.90 | 7.40 | 16.50 | 18.00 | 18.00 |
| 12 | 14.00 | 30.20 | 47.20 | 2:55.00 | 5:40.00 | 15.50 | 61.00 | 1.26 | 4.00 | 8.60 | 1.95 | 7.70 | 17.50 | 19.00 | 19.00 |
| 13 | 13.80 | 29.80 | 46.60 | 2:52.00 | 5:36.00 | 15.30 | 60.00 | 1.29 | 4.10 | 8.80 | 2.00 | 8.00 | 18.50 | 20.00 | 20.00 |
| 14 | 13.60 | 29.40 | 46.00 | 2:49.00 | 5:32.00 | 15.10 | 59.20 | 1.32 | 4.20 | 9.00 | 2.05 | 8.30 | 19.50 | 21.00 | 21.00 |
| 15 | 13.50 | 29.00 | 45.40 | 2:46.00 | 5:28.00 | 14.90 | 58.40 | 1.35 | 4.30 | 9.20 | 2.10 | 8.60 | 20.50 | 22.00 | 22.00 |
| 16 | 13.40 | 28.60 | 44.80 | 2:43.00 | 5:24.00 | 14.70 | 57.60 | 1.38 | 4.40 | 9.40 | 2.15 | 8.90 | 21.50 | 23.00 | 23.00 |
| 17 | 13.30 | 28.20 | 44.20 | 2:40.00 | 5:20.00 | 14.50 | 56.80 | 1.41 | 4.50 | 9.60 | 2.20 | 9.20 | 22.50 | 24.00 | 24.00 |
| 18 | 13.20 | 27.80 | 43.60 | 2:37.00 | 5:16.00 | 14.30 | 56.00 | 1.44 | 4.60 | 9.80 | 2.25 | 9.50 | 23.50 | 25.00 | 25.00 |
| 19 | 13.10 | 27.40 | 43.00 | 2:34.00 | 5:12.00 | 14.10 | 55.20 | 1.47 | 4.70 | 10.00 | 2.30 | 9.80 | 24.50 | 26.00 | 26.00 |
| 20 | 13.00 | 27.00 | 42.40 | 2:31.00 | 5:08.00 | 13.90 | 54.40 | 1.50 | 4.80 | 10.20 | 2.35 | 10.10 | 25.50 | 27.00 | 27.00 |
| 21 | 12.90 | 26.60 | 41.80 | 2:28.00 | 5:04.00 | 13.70 | 53.60 | 1.53 | 4.90 | 10.40 | 2.40 | 10.40 | 26.50 | 28.00 | 28.00 |
| 22 | 12.80 | 26.30 | 41.20 | 2:24.00 | 5:00.00 | 13.50 | 52.80 | 1.56 | 5.00 | 10.60 | 2.45 | 10.70 | 27.50 | 29.00 | 29.00 |
| 23 | 12.70 | 26.00 | 40.80 | 2:21.00 | 4:56.00 | 13.30 | 52.40 | 1.59 | 5.10 | 10.80 | 2.50 | 11.00 | 28.50 | 30.00 | 30.20 |
| 24 | 12.60 | 25.70 | 40.40 | 2:18.00 | 4:52.00 | 13.10 | 52.00 | 1.62 | 5.20 | 11.00 | 2.55 | 11.30 | 29.50 | 31.00 | 31.40 |
| 25 | 12.50 | 25.40 | 40.00 | 2:15.00 | 4:48.00 | 12.90 | 51.60 | 1.65 | 5.30 | 11.20 | 2.60 | 11.60 | 30.50 | 32.00 | 32.60 |
| 26 | 12.40 | 25.10 | 39.60 | 2:13.00 | 4:44.00 | 12.70 | 51.20 | 1.68 | 5.40 | 11.40 | 2.65 | 11.90 | 31.50 | 33.00 | 33.80 |
| 27 | 12.30 | 24.80 | 39.20 | 2:11.00 | 4:40.00 | 12.50 | 50.60 | 1.70 | 5.50 | 11.60 | 2.70 | 12.20 | 32.50 | 34.00 | 35.00 |
| 28 | 12.20 | 24.50 | 38.80 | 2:09.00 | 4:36.00 | 12.30 | 50.00 | 1.72 | 5.60 | 11.80 | 2.75 | 12.50 | 33.50 | 35.00 | 36.20 |
| 29 | 12.10 | 24.20 | 38.40 | 2:08.00 | 4:33.00 | 12.10 | 49.60 | 1.74 | 5.70 | 12.00 | 2.80 | 12.80 | 34.50 | 36.00 | 37.40 |
| 30 | 12.00 | 23.90 | 38.00 | 2:07.00 | 4:30.00 | 11.90 | 49.20 | 1.76 | 5.80 | 12.20 | 2.85 | 13.10 | 35.50 | 37.00 | 38.60 |
| 31 | 11.90 | 23.60 | 37.60 | 2:06.00 | 4:27.00 | 11.70 | 48.80 | 1.78 | 5.90 | 12.40 | 2.90 | 13.40 | 36.50 | 38.00 | 39.80 |
| 32 | 11.80 | 23.30 | 37.20 | 2:05.00 | 4:24.00 | 11.50 | 48.40 | 1.80 | 6.00 | 12.60 | 2.95 | 13.70 | 37.50 | 39.00 | 41.00 |
| 33 | 11.70 | 23.00 | 36.80 | 2:04.00 | 4:21.00 | 11.30 | 48.00 | 1.82 | 6.10 | 12.80 | 3.00 | 14.00 | 38.50 | 40.00 | 42.20 |
| 34 | 11.60 | 22.70 | 36.40 | 2:03.00 | 4:18.00 | 11.10 | 47.60 | 1.84 | 6.20 | 13.00 | 3.05 | 14.30 | 39.50 | 41.00 | 43.40 |
| 35 | 11.50 | 22.40 | 36.00 | 2:02.00 | 4:15.00 | 10.90 | 47.20 | 1.86 | 6.30 | 13.20 | 3.10 | 14.60 | 40.50 | 42.00 | 44.60 |
| 36 | 11.40 | 22.10 | 35.60 | 2:01.00 | 4:12.00 | 10.70 | 46.80 | 1.88 | 6.40 | 13.40 | 3.15 | 14.90 | 41.50 | 43.00 | 45.80 |
| 37 | 11.30 | 21.80 | 35.20 | 2:00.00 | 4:09.00 | 10.50 | 46.40 | 1.90 | 6.50 | 13.60 | 3.20 | 15.20 | 42.50 | 44.00 | 47.00 |
| 38 | 11.20 | 21.50 | 34.80 | 1:59.00 | 4:06.00 | 10.30 | 46.00 | 1.92 | 6.60 | 13.80 | 3.25 | 15.50 | 43.50 | 45.00 | 48.20 |
| 39 | 11.10 | 21.20 | 34.40 | 1:58.00 | 4:03.00 | 10.10 | 45.60 | 1.94 | 6.70 | 14.00 | 3.30 | 15.80 | 44.50 | 46.00 | 49.40 |
| 40 | 11.00 | 20.90 | 34.00 | 1:57.00 | 4:00.00 | 9.90 | 45.20 | 1.96 | 6.80 | 14.20 | 3.35 | 16.10 | 45.50 | 47.00 | 50.60 |
| 41 | 10.90 | 20.60 | 33.60 | 1:56.00 | 3:57.00 | 9.70 | 44.80 | 1.98 | 6.90 | 14.40 | 3.40 | 16.40 | 46.50 | 48.00 | 51.80 |
| 42 | 10.80 | 20.30 | 33.20 | 1:55.00 | 3:54.00 | 9.50 | 44.40 | 2.00 | 7.00 | 14.60 | 3.45 | 16.70 | 47.50 | 49.00 | 53.00 |
| 43 | 10.70 | 20.00 | 32.80 | 1:54.00 | 3:51.00 | 9.30 | 44.00 | 2.02 | 7.10 | 14.80 | 3.50 | 17.00 | 48.50 | 50.00 | 54.20 |
| 44 | 10.60 | 19.70 | 32.40 | 1:53.00 | 3:48.00 | 9.10 | 43.60 | 2.04 | 7.20 | 15.00 | 3.55 | 17.30 | 49.50 | 51.00 | 55.40 |
| 45 | 10.50 | 19.40 | 32.00 | 1:52.00 | 3:45.00 | 8.90 | 43.20 | 2.06 | 7.30 | 15.20 | 3.60 | 17.60 | 50.50 | 52.00 | 56.60 |
| 46 | 10.40 | 19.10 | 31.60 | 1:51.00 | 3:42.00 | 8.70 | 42.80 | 2.08 | 7.40 | 15.40 | 3.65 | 17.90 | 51.50 | 53.00 | 57.80 |
| 47 | 10.30 | 18.80 | 31.20 | 1:50.00 | 3:39.00 | 8.50 | 42.40 | 2.10 | 7.50 | 15.60 | 3.70 | 18.20 | 52.50 | 54.00 | 59.00 |
| 48 | 10.20 | 18.50 | 30.80 | 1:49.00 | 3:36.00 | 8.30 | 42.00 | 2.12 | 7.60 | 15.80 | 3.75 | 18.50 | 53.50 | 55.00 | 60.20 |

THE ENGLISH SCHOOLS' ATHLETIC ASSOCIATION

Track and Field Schools' Cup Scoring Tables – 2022 onwards

Inter Boys

| score | 100m | 200m | 300m | 800m | 1500m | Hurdles 80m | Relay | High Jump | Long Jump | Triple Jump | Pole Vault | Shot 4kg | Discus 1.25kg | Javelin 600g | Hammer 4kg |
|-------|-------|-------|-------|---------|---------|----------------|-------|--------------|--------------|----------------|---------------|-------------|------------------|-----------------|---------------|
| 1 | 15.10 | 32.10 | 54.00 | 3:16.00 | 6:30.00 | 16.80 | 65.00 | 1.05 | 3.50 | 7.60 | 1.50 | 5.20 | 9.50 | 10.50 | 11.00 |
| 2 | 14.90 | 31.70 | 53.00 | 3:13.00 | 6:24.00 | 16.60 | 64.20 | 1.08 | 3.65 | 7.90 | 1.55 | 5.60 | 10.50 | 12.00 | 12.00 |
| 3 | 14.70 | 31.30 | 52.00 | 3:10.00 | 6:18.00 | 16.40 | 63.40 | 1.11 | 3.80 | 8.20 | 1.60 | 6.00 | 11.50 | 13.50 | 13.00 |
| 4 | 14.50 | 30.90 | 51.00 | 3:07.00 | 6:12.00 | 16.20 | 62.60 | 1.14 | 3.90 | 8.40 | 1.65 | 6.40 | 12.50 | 15.00 | 14.00 |
| 5 | 14.30 | 30.50 | 50.00 | 3:04.00 | 6:06.00 | 16.00 | 61.80 | 1.17 | 4.00 | 8.60 | 1.70 | 6.70 | 13.50 | 16.50 | 15.00 |
| 6 | 14.10 | 30.10 | 49.00 | 3:01.00 | 6:00.00 | 15.80 | 61.00 | 1.20 | 4.10 | 8.80 | 1.75 | 7.00 | 14.50 | 18.00 | 16.00 |
| 7 | 13.90 | 29.70 | 48.00 | 2:58.00 | 5:55.00 | 15.60 | 60.20 | 1.23 | 4.20 | 9.00 | 1.80 | 7.30 | 15.50 | 19.50 | 17.00 |
| 8 | 13.70 | 29.30 | 47.00 | 2:55.00 | 5:50.00 | 15.40 | 59.40 | 1.26 | 4.30 | 9.20 | 1.85 | 7.60 | 16.50 | 21.00 | 18.00 |
| 9 | 13.50 | 28.90 | 46.00 | 2:52.00 | 5:45.00 | 15.20 | 58.60 | 1.29 | 4.40 | 9.40 | 1.90 | 7.90 | 17.50 | 22.50 | 19.00 |
| 10 | 13.30 | 28.50 | 45.40 | 2:49.00 | 5:40.00 | 15.00 | 57.80 | 1.32 | 4.50 | 9.60 | 1.95 | 8.20 | 18.50 | 24.00 | 20.00 |
| 11 | 13.20 | 28.10 | 44.80 | 2:46.00 | 5:35.00 | 14.80 | 57.00 | 1.35 | 4.60 | 9.80 | 2.00 | 8.50 | 19.50 | 25.50 | 21.00 |
| 12 | 13.10 | 27.70 | 44.20 | 2:43.00 | 5:30.00 | 14.60 | 56.20 | 1.38 | 4.70 | 10.00 | 2.05 | 8.80 | 20.50 | 27.00 | 22.00 |
| 13 | 13.00 | 27.30 | 43.60 | 2:40.00 | 5:25.00 | 14.40 | 55.40 | 1.41 | 4.80 | 10.20 | 2.10 | 9.10 | 21.50 | 28.50 | 23.00 |
| 14 | 12.90 | 27.00 | 43.00 | 2:37.00 | 5:20.00 | 14.20 | 54.60 | 1.44 | 4.90 | 10.40 | 2.15 | 9.40 | 22.50 | 30.00 | 24.00 |
| 15 | 12.80 | 26.70 | 42.60 | 2:34.00 | 5:15.00 | 14.00 | 53.80 | 1.47 | 5.00 | 10.60 | 2.20 | 9.70 | 23.50 | 31.50 | 25.00 |
| 16 | 12.70 | 26.40 | 42.20 | 2:31.00 | 5:10.00 | 13.80 | 53.20 | 1.50 | 5.10 | 10.80 | 2.30 | 10.00 | 24.50 | 33.00 | 26.00 |
| 17 | 12.60 | 26.10 | 41.80 | 2:28.00 | 5:05.00 | 13.60 | 52.60 | 1.53 | 5.20 | 11.00 | 2.40 | 10.30 | 25.50 | 34.50 | 27.00 |
| 18 | 12.50 | 25.80 | 41.40 | 2:25.00 | 5:00.00 | 13.40 | 52.00 | 1.56 | 5.30 | 11.20 | 2.50 | 10.60 | 26.50 | 36.00 | 29.40 |
| 19 | 12.40 | 25.50 | 41.00 | 2:22.00 | 4:55.00 | 13.20 | 51.40 | 1.59 | 5.40 | 11.40 | 2.60 | 10.90 | 27.50 | 37.50 | 31.10 |
| 20 | 12.30 | 25.20 | 40.60 | 2:19.00 | 4:50.00 | 13.00 | 50.80 | 1.62 | 5.50 | 11.60 | 2.70 | 11.20 | 28.50 | 39.00 | 32.80 |
| 21 | 12.20 | 24.90 | 40.20 | 2:17.00 | 4:45.00 | 12.80 | 50.20 | 1.65 | 5.60 | 11.80 | 2.80 | 11.50 | 29.50 | 40.50 | 34.50 |
| 22 | 12.10 | 24.60 | 39.80 | 2:15.00 | 4:40.00 | 12.60 | 49.60 | 1.68 | 5.70 | 12.00 | 2.90 | 11.80 | 30.50 | 42.00 | 36.20 |
| 23 | 12.00 | 24.30 | 39.40 | 2:13.00 | 4:35.00 | 12.40 | 49.00 | 1.71 | 5.80 | 12.20 | 3.00 | 12.10 | 31.50 | 43.50 | 37.90 |
| 24 | 11.90 | 24.00 | 39.00 | 2:11.00 | 4:30.00 | 12.20 | 48.50 | 1.74 | 5.90 | 12.40 | 3.15 | 12.40 | 32.50 | 45.00 | 39.60 |
| 25 | 11.80 | 23.80 | 38.60 | 2:09.00 | 4:25.00 | 12.00 | 48.00 | 1.77 | 6.00 | 12.60 | 3.30 | 12.70 | 33.50 | 46.50 | 41.30 |
| 26 | 11.70 | 23.60 | 38.20 | 2:07.00 | 4:20.00 | 11.80 | 47.50 | 1.79 | 6.10 | 12.80 | 3.45 | 13.00 | 35.00 | 48.00 | 43.00 |
| 27 | 11.60 | 23.40 | 37.80 | 2:05.00 | 4:16.00 | 11.60 | 47.00 | 1.81 | 6.20 | 13.00 | 3.60 | 13.30 | 36.50 | 49.50 | 44.70 |
| 28 | 11.50 | 23.20 | 37.40 | 2:03.00 | 4:14.00 | 11.40 | 46.50 | 1.83 | 6.30 | 13.20 | 3.75 | 13.60 | 38.00 | 51.00 | 46.40 |
| 29 | 11.40 | 23.00 | 37.00 | 2:02.00 | 4:12.00 | 11.20 | 46.00 | 1.85 | 6.40 | 13.40 | 3.90 | 13.90 | 39.50 | 52.50 | 48.10 |
| 30 | 11.30 | 22.80 | 36.60 | 2:01.00 | 4:10.00 | 11.00 | 45.50 | 1.87 | 6.50 | 13.60 | 4.05 | 14.20 | 41.00 | 54.00 | 49.80 |
| 31 | 11.20 | 22.60 | 36.20 | 2:00.00 | 4:08.00 | 10.80 | 45.00 | 1.89 | 6.60 | 13.80 | 4.20 | 14.50 | 42.50 | 55.50 | 51.50 |
| 32 | 11.10 | 22.40 | 35.80 | 1:59.00 | 4:06.00 | 10.60 | 44.50 | 1.91 | 6.70 | 14.00 | 4.35 | 14.80 | 44.00 | 57.00 | 53.20 |
| 33 | 11.00 | 22.20 | 35.40 | 1:58.00 | 4:04.00 | 10.40 | 44.00 | 1.93 | 6.80 | 14.20 | 4.50 | 15.10 | 45.50 | 58.50 | 54.90 |
| 34 | 10.90 | 22.00 | 35.00 | 1:57.00 | 4:02.00 | 10.20 | 43.50 | 1.95 | 6.90 | 14.40 | 4.65 | 15.40 | 47.00 | 60.00 | 56.60 |
| 35 | 10.80 | 21.80 | 34.60 | 1:56.00 | 4:00.00 | 10.00 | 43.00 | 1.97 | 7.00 | 14.60 | 4.80 | 15.70 | 48.50 | 61.50 | 58.30 |
| 36 | 10.70 | 21.60 | 34.20 | 1:55.00 | 3:58.00 | 9.80 | 42.50 | 1.99 | 7.10 | 14.80 | 4.95 | 16.00 | 50.00 | 63.00 | 60.00 |
| 37 | 10.60 | 21.40 | 33.80 | 1:54.00 | 3:56.00 | 9.60 | 42.00 | 2.01 | 7.20 | 15.00 | 5.10 | 16.30 | 51.50 | 64.50 | 61.70 |
| 38 | 10.50 | 21.20 | 33.40 | 1:53.00 | 3:54.00 | 9.40 | 41.50 | 2.03 | 7.30 | 15.20 | 5.25 | 16.60 | 53.00 | 66.00 | 63.40 |
| 39 | 10.40 | 21.00 | 33.00 | 1:52.00 | 3:52.00 | 9.20 | 41.00 | 2.05 | 7.40 | 15.40 | 5.40 | 16.90 | 54.50 | 67.50 | 65.10 |
| 40 | 10.30 | 20.80 | 32.60 | 1:51.00 | 3:50.00 | 9.00 | 40.50 | 2.07 | 7.50 | 15.60 | 5.55 | 17.20 | 56.00 | 69.00 | 66.80 |
| 41 | 10.20 | 20.60 | 32.20 | 1:50.00 | 3:48.00 | 8.80 | 40.00 | 2.09 | 7.60 | 15.80 | 5.70 | 17.50 | 57.50 | 70.50 | 68.50 |
| 42 | 10.10 | 20.40 | 31.80 | 1:49.00 | 3:46.00 | 8.60 | 39.50 | 2.11 | 7.70 | 16.00 | 5.85 | 17.80 | 59.00 | 72.00 | 70.20 |
| 43 | 10.00 | 20.20 | 31.40 | 1:48.00 | 3:44.00 | 8.40 | 39.00 | 2.13 | 7.80 | 16.20 | 6.00 | 18.10 | 60.50 | 73.50 | 71.90 |
| 44 | 9.90 | 20.00 | 31.00 | 1:47.00 | 3:42.00 | 8.20 | 38.50 | 2.15 | 7.90 | 16.40 | 6.15 | 18.40 | 62.00 | 75.00 | 73.60 |
| 45 | 9.80 | 19.80 | 30.60 | 1:46.00 | 3:40.00 | 8.00 | 38.00 | 2.17 | 8.00 | 16.60 | 6.30 | 18.70 | 63.50 | 76.50 | 75.30 |
| 46 | 9.70 | 19.60 | 30.20 | 1:45.00 | 3:38.00 | 7.80 | 37.50 | 2.19 | 8.10 | 16.80 | 6.45 | 19.00 | 65.00 | 78.00 | 77.00 |
| 47 | 9.60 | 19.40 | 29.80 | 1:44.00 | 3:36.00 | 7.60 | 37.00 | 2.21 | 8.20 | 17.00 | 6.60 | 19.30 | 66.50 | 79.50 | 78.70 |
| 48 | 9.50 | 19.20 | 29.40 | 1:43.00 | 3:34.00 | 7.40 | 36.50 | 2.23 | 8.30 | 17.20 | 6.75 | 19.60 | 68.00 | 81.00 | 80.40 |