

## English Schools' AA Cross Country Cup 2022

## Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Junior Boys		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	William Delamere	Merchant Taylors' Boys' School, Liverpool, Merseyside			11:12
2	Michael Phelan	St Anselm's College, Prenton, Merseyside			11:25
3	Archie Lorimer	Clitheroe Royal Grammar School, Clitheroe, Lancashire			11:36
4	Charlie Rourke	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			11:39
5	John Kavourides	Queen Elizabeth Grammar School, Penrith, Cumbria			11:39
6	Malachy Harty	St Anselm's College, Prenton, Merseyside			11:50
7	Evan Mulvany	The Queen Katherine School, Kendal, Cumbria			11:55
8	Jake Smith	The Queen Katherine School, Kendal, Cumbria			12:02
9	Joshua Hatton	Calday Grange Grammar School, Wirral, Merseyside			12:09
10	Claudio Boada	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			12:14
11	Archer Blann	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			12:17
12	Harry Coulter	The Queen Katherine School, Kendal, Cumbria			12:28
13	Theo Robinson	Clitheroe Royal Grammar School, Clitheroe, Lancashire			12:32
14	mac lightfoot	St Anselm's College, Prenton, Merseyside			12:33
15	HARRY O'DONNELL	Kirkbie Kendal School, Kendal, Cumbria			12:37
16	Otis Leah	Lancaster Royal Grammar School, Lancaster, Lancashire			12:40
17	Ben Stephens	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			12:42
18	Aiden Mee	West Hill School, Stalybridge, Greater Manchester			12:42
19	James Hall	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			12:42
20	Isaac Rouke-Threlfall	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			12:45
21	Osian Spence	Lancaster Royal Grammar School, Lancaster, Lancashire			12:50
22	SAM LIVINGSTONE	Kirkbie Kendal School, Kendal, Cumbria			12:50
23	Barnaby Parker	Queen Elizabeth Grammar School, Penrith, Cumbria			12:58
24	Gil Burns	Queen Elizabeth Grammar School, Penrith, Cumbria			12:58
25	Harry Ashton	West Hill School, Stalybridge, Greater Manchester			12:58
26	Alfie Taylor-Wark	West Hill School, Stalybridge, Greater Manchester			13:01
27	Noah Hoyle	Queen Elizabeth Grammar School, Penrith, Cumbria			13:01
28	Charlie Hayward	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			13:06
29	Flynn Slattery	West Hill School, Stalybridge, Greater Manchester			13:07
30	Logan Sefton	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			13:12
31	Fergal Rowley	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			13:19
32	Tom Mander	Queen Elizabeth Grammar School, Penrith, Cumbria			13:19
33	James Whittaker	Lancaster Royal Grammar School, Lancaster, Lancashire			13:22
34	Finn Marsden	Calday Grange Grammar School, Wirral, Merseyside			13:22
35	Daniel Young	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			13:25
36	Jonny Hu	Lancaster Royal Grammar School, Lancaster, Lancashire			13:27
37	FRASER DUNN	Kirkbie Kendal School, Kendal, Cumbria			13:27
38	Jack Wakefield	Calday Grange Grammar School, Wirral, Merseyside			13:27
39	Thomas irvin	Calday Grange Grammar School, Wirral, Merseyside			13:32
40	Finley Partington	West Hill School, Stalybridge, Greater Manchester			13:33
41	Leonardo Hirons	St Anselm's College, Prenton, Merseyside			13:34
42	Evan Yates	Lancaster Royal Grammar School, Lancaster, Lancashire			13:37
43	Freddie Byrne	The Queen Katherine School, Kendal, Cumbria			13:39
44	Robbie Edwards	Calday Grange Grammar School, Wirral, Merseyside			13:43
45	Henry Shoemsmith	West Hill School, Stalybridge, Greater Manchester			13:51
46	Gabriel Pearse	St Anselm's College, Prenton, Merseyside			13:51
47	James Welsh	Clitheroe Royal Grammar School, Clitheroe, Lancashire			13:57
48	Max Forrest	Clitheroe Royal Grammar School, Clitheroe, Lancashire			14:05
49	Stan Marston	The Queen Katherine School, Kendal, Cumbria			14:15
50	Ewan Birch	Queen Elizabeth Grammar School, Penrith, Cumbria			14:18
51	Charlie Morgan	The Queen Katherine School, Kendal, Cumbria			14:23
52	Matthew Hetherington	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			14:23

North West, Event 1, Regional Final

## English Schools' AA Cross Country Cup 2022

Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Junior Boys		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
53	Vasile Mateescu	St Anselm's College, Prenton, Merseyside			14:36
54	Jack DeGroot	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			14:36

### Junior Boys Team Results

Pos	School	1st	2nd	3rd	4th	Points
1	Altrincham Grammar School for Boys, Altrincham, Greater Manchester	4	11	17	19	51
2	St Anselm's College, Prenton, Merseyside	2	6	14	41	63
3	The Queen Katherine School, Kendal, Cumbria	7	8	12	43	70
4	Queen Elizabeth Grammar School, Penrith, Cumbria	5	23	24	27	79
5	West Hill School, Stalybridge, Greater Manchester	18	25	26	29	98
6	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria	10	30	31	35	106
7	Lancaster Royal Grammar School, Lancaster, Lancashire	16	21	33	36	106
8	Clitheroe Royal Grammar School, Clitheroe, Lancashire	3	13	47	48	111
9	Caldy Grange Grammar School, Wirral, Merseyside	9	34	38	39	120

**English Schools' AA Cross Country Cup 2022****Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022**

Intermediate Boys		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	oberon kearney	St Anselm's College, Prenton, Merseyside			19:41
2	Noah Wadsworth	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			19:52
3	Jamie Barnes	Calday Grange Grammar School, Wirral, Merseyside			20:00
4	Jac Chapman	St Anselm's College, Prenton, Merseyside			20:26
5	Ben Robinson	Lancaster Royal Grammar School, Lancaster, Lancashire			20:32
6	Jack Eccles	Lancaster Royal Grammar School, Lancaster, Lancashire			20:36
7	ALFIE ADDISON	Kirkbie Kendal School, Kendal, Cumbria			20:41
8	Ben Brassington	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			20:44
9	Thomas Amaral	St Ambrose College, Altrincham, Greater Manchester			20:53
10	samuel clarke	St Anselm's College, Prenton, Merseyside			20:57
11	Matthew Smith	Clitheroe Royal Grammar School, Clitheroe, Lancashire			21:14
12	Liam O'Brien	St Ambrose College, Altrincham, Greater Manchester			21:38
13	Bill Preston	Clitheroe Royal Grammar School, Clitheroe, Lancashire			21:52
14	matthew merriman	St Anselm's College, Prenton, Merseyside			22:03
15	Finn Houston	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			22:07
16	JOE HILBORNE	Kirkbie Kendal School, Kendal, Cumbria			22:30
17	George Goulding	St Anselm's College, Prenton, Merseyside			22:56
18	JOE CALDERBANK	Kirkbie Kendal School, Kendal, Cumbria			23:10
19	Oliver Walker	West Hill School, Stalybridge, Greater Manchester			23:25
20	joel donnelly	St Anselm's College, Prenton, Merseyside			23:38
21	Benedict Kennedy	St Ambrose College, Altrincham, Greater Manchester			23:45
22	Massey Cunningham	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			23:49
23	Max McGurk	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			24:22
24	WILL BRAYSHAW	Kirkbie Kendal School, Kendal, Cumbria			24:22
25	Zain Spree	Lancaster Royal Grammar School, Lancaster, Lancashire			24:33
26	Liam Merson	West Hill School, Stalybridge, Greater Manchester			24:49
27	Charlie Bumstead	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			24:52
28	James O'Brien	St Ambrose College, Altrincham, Greater Manchester			24:56
29	Leo Weber	Lancaster Royal Grammar School, Lancaster, Lancashire			25:19
30	ALEX SPEIGHT	Kirkbie Kendal School, Kendal, Cumbria			25:22
31	Charlie Briggs	West Hill School, Stalybridge, Greater Manchester			25:23
32	THOMAS HEARN	Kirkbie Kendal School, Kendal, Cumbria			24:41
33	Joseph Cuddy	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			25:44
34	Finlay Lorimer	Clitheroe Royal Grammar School, Clitheroe, Lancashire			26:03
35	Sam Ennis	Lancaster Royal Grammar School, Lancaster, Lancashire			26:07
36	Oliver Sherris	West Hill School, Stalybridge, Greater Manchester			26:07
37	James Bell	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			26:22
38	Oliver Mirtorabi	West Hill School, Stalybridge, Greater Manchester			26:29
39	Ralph Skelton Montgomery	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			26:46
40	Neil Randev	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			26:49

**Intermediate Boys Team Results**

Pos	School	1st	2nd	3rd	4th	Points
1	St Anselm's College, Prenton, Merseyside	1	4	10	14	29
2	Queen Elizabeth School, Kirkby Lonsdale, Cumbria	2	8	15	39	64
3	Kirkbie Kendal School, Kendal, Cumbria	7	16	18	24	65
4	Lancaster Royal Grammar School, Lancaster, Lancashire	5	6	25	29	65
5	St Ambrose College, Altrincham, Greater Manchester	9	12	21	28	70
6	Altrincham Grammar School for Boys, Altrincham, Greater Manchester	22	23	27	33	105
7	West Hill School, Stalybridge, Greater Manchester	19	26	31	36	112

## English Schools' AA Cross Country Cup 2022

### Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Senior Boys		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	Alex Poulston	Calday Grange Grammar School, Wirral, Merseyside			20:45
2	Freddie Meredith	St Ambrose College, Altrincham, Greater Manchester			21:14
3	Will Sutcliffe	Calday Grange Grammar School, Wirral, Merseyside			21:45
4	Sam Gunning	Sedbergh School, Sedbergh, Cumbria			22:00
5	Dan Dean	Sedbergh School, Sedbergh, Cumbria			22:20
6	Gabor Pongracz	St Ambrose College, Altrincham, Greater Manchester			22:23
7	Jack Bernham	Calday Grange Grammar School, Wirral, Merseyside			22:54
8	Louis Hatton	Calday Grange Grammar School, Wirral, Merseyside			22:57
9	Andras Pongracz	St Ambrose College, Altrincham, Greater Manchester			23:02
10	joshua longman	St Anselm's College, Prenton, Merseyside			23:13
11	Ed Lord	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			23:24
12	Finn Day	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			23:50
13	Tom Rewick	Queen Elizabeth Grammar School, Penrith, Cumbria			24:10
14	Edward Walker	Queen Elizabeth Grammar School, Penrith, Cumbria			24:23
15	Will Johnson	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			24:31
16	Ben Stone	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			24:36
17	lewis greenhalgh	St Anselm's College, Prenton, Merseyside			24:44
18	Rory Gregory	St Ambrose College, Altrincham, Greater Manchester			24:51
19	Isaac Lawson	Altrincham Grammar School for Boys, Altrincham, Greater Manchester			25:50
20	Joe Nolan	Sedbergh School, Sedbergh, Cumbria			24:10
21	Dylan McGrath	St Ambrose College, Altrincham, Greater Manchester			25:29
22	Tom McGrattan	Lancaster Royal Grammar School, Lancaster, Lancashire			25:35
23	Alastair Grant	Queen Elizabeth Grammar School, Penrith, Cumbria			25:38
24	tom roberts	St Anselm's College, Prenton, Merseyside			25:40
25	Aslak Rolph	Queen Elizabeth Grammar School, Penrith, Cumbria			24:46
26	Archie Harding	Queen Elizabeth Grammar School, Penrith, Cumbria			25:50
27	Ben Jackson	Sedbergh School, Sedbergh, Cumbria			26:08
28	bredan grealis	St Anselm's College, Prenton, Merseyside			26:24
29	Oliver Bird	Sedbergh School, Sedbergh, Cumbria			26:38
	padraig ibrahim	St Anselm's College, Prenton, Merseyside			dnf

#### Senior Boys Team Results

Pos	School	1st	2nd	3rd	4th	Points
1	Calday Grange Grammar School, Wirral, Merseyside	1	3	7	8	19
2	St Ambrose College, Altrincham, Greater Manchester	2	6	9	18	35
3	Altrincham Grammar School for Boys, Altrincham, Greater Manchester	11	12	15	16	54
4	Sedbergh School, Sedbergh, Cumbria	4	5	20	27	56
5	Queen Elizabeth Grammar School, Penrith, Cumbria	13	14	23	25	75
6	St Anselm's College, Prenton, Merseyside	10	17	24	28	79

## English Schools' AA Cross Country Cup 2022

## Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Junior Girls		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	Isla Pastor	West Kirby Grammar School, Wirral, Merseyside			12:33
2	Julia Fielding	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			12:59
3	Kara Van Der Merwe	The Queen Katherine School, Kendal, Cumbria			13:04
4	Isla Jebb	The Queen Katherine School, Kendal, Cumbria			13:06
5	Anna Cobley	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			13:23
6	Sophie Norman	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			13:25
7	Minnie Rowley	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			13:27
8	Bonita Kewley	West Kirby Grammar School, Wirral, Merseyside			13:39
9	Isla Yorke	West Kirby Grammar School, Wirral, Merseyside			13:41
10	CARA BRADLEY	Kirkbie Kendal School, Kendal, Cumbria			13:44
11	Aggie Taylor	Clitheroe Royal Grammar School, Clitheroe, Lancashire			13:48
12	Emmy Ranner	The Queen Katherine School, Kendal, Cumbria			13:53
13	ISLA PEARMAN	Kirkbie Kendal School, Kendal, Cumbria			13:55
14	Saoirse Maule	Loreto Grammar School, Altrincham, Greater Manchester			13:57
15	Annabelle Rogan	West Kirby Grammar School, Wirral, Merseyside			14:01
16	Iris Hurst	Loreto Grammar School, Altrincham, Greater Manchester			14:03
17	Betsy Harrison	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			14:06
18	Phoebe Carroll	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			14:06
19	Matilda Dunn	Clitheroe Royal Grammar School, Clitheroe, Lancashire			14:06
20	Annabel Hinds	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			14:06
21	Constance Gibson	Loreto Grammar School, Altrincham, Greater Manchester			14:06
22	Martha Morgan Travis	The Queen Katherine School, Kendal, Cumbria			14:19
23	Mollie Wood	Canon Slade CofE School, Bolton, Greater Manchester			14:24
24	Marnie Nelson	Clitheroe Royal Grammar School, Clitheroe, Lancashire			14:28
25	Keira Johnson	Canon Slade CofE School, Bolton, Greater Manchester			14:30
26	LILY SLATER	Kirkbie Kendal School, Kendal, Cumbria			14:32
27	Charlotte Harker	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria			14:32
28	Emily Staunton	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			14:36
29	ROSIE SPEIGHT	Kirkbie Kendal School, Kendal, Cumbria			14:38
30	Isla Lawrenson	Upton Hall School FCJ, Wirral, Merseyside			15:08
31	Poppy Coates	West Kirby Grammar School, Wirral, Merseyside			15:10
32	Tabitha Welch	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			15:13
33	Elosie Howlett	Upton Hall School FCJ, Wirral, Merseyside			15:14
34	Lauren Howard	Upton Hall School FCJ, Wirral, Merseyside			15:14
35	Imogen Yves	Clitheroe Royal Grammar School, Clitheroe, Lancashire			15:19
36	Sophia Hovington	Clitheroe Royal Grammar School, Clitheroe, Lancashire			15:21
37	Lara Collin	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			15:25
38	Charlotte Smith	Clitheroe Royal Grammar School, Clitheroe, Lancashire			15:27
39	Annie Noone	Loreto Grammar School, Altrincham, Greater Manchester			15:31
40	Grace Austin	Canon Slade CofE School, Bolton, Greater Manchester			15:34
41	Ellen Metcalfe	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			15:42
42	Elizabeth Gadsdon	Upton Hall School FCJ, Wirral, Merseyside			15:44
43	Isla Brodie	The Queen Katherine School, Kendal, Cumbria			15:51
44	Emily Taylor	Canon Slade CofE School, Bolton, Greater Manchester			15:56
45	Ciara Carruthers	Loreto Grammar School, Altrincham, Greater Manchester			16:00
46	HANNAH CARRADICE	Kirkbie Kendal School, Kendal, Cumbria			16:01
47	Allanah Donlan	Loreto Grammar School, Altrincham, Greater Manchester			16:02
48	Emily Pattison	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			16:02
49	Megan Roberts	Upton Hall School FCJ, Wirral, Merseyside			16:04
50	Lola McVety	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			16:12
51	Isla McCulloch	Canon Slade CofE School, Bolton, Greater Manchester			16:24
52	Gracie Gough	Loreto Grammar School, Altrincham, Greater Manchester			17:00

## English Schools' AA Cross Country Cup 2022

### Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Junior Girls		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
53		Merchant Taylors' Boys' School, Liverpool, Merseyside			17:03
54	Maisie Yorke	West Kirby Grammar School, Wirral, Merseyside			17:03
55		Merchant Taylors' Boys' School, Liverpool, Merseyside			17:35
56		Merchant Taylors' Boys' School, Liverpool, Merseyside			20:00

#### Junior Girls Team Results

Pos	School	1st	2nd	3rd	4th	Points
1	Casterton Sedbergh Preparatory School, Kirkby Lonsdale, Cumbria	2	6	7	17	32
2	West Kirby Grammar School, Wirral, Merseyside	1	8	9	15	33
3	The Queen Katherine School, Kendal, Cumbria	3	4	12	22	41
4	Kirkbie Kendal School, Kendal, Cumbria	10	13	26	29	78
5	Clitheroe Royal Grammar School, Clitheroe, Lancashire	11	19	24	35	89
6	Loreto Grammar School, Altrincham, Greater Manchester	14	16	21	39	90
7	Altrincham Grammar School for Girls, Altrincham, Greater Manchester	18	28	32	48	126
8	Canon Slade CofE School, Bolton, Greater Manchester	23	25	40	44	132
9	Queen Elizabeth School, Kirkby Lonsdale, Cumbria	5	37	41	50	133
10	Upton Hall School FCJ, Wirral, Merseyside	30	33	34	42	139

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Intermediate Girls		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	Megumi Hoshiko	Wirral Grammar School for Girls, Wirral, Merseyside			12:00
2	Izzy Hall	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			12:24
3	Molly Carvell	Wirral Grammar School for Girls, Wirral, Merseyside			12:28
4	scarlett Hutchinson-Thomp	Canon Slade CofE School, Bolton, Greater Manchester			12:42
5	Lucy Bell	Ulverston Victoria High School, Ulverston, Cumbria			12:54
6	Orla Kissane	West Kirby Grammar School, Wirral, Merseyside			13:02
7	Marina Bailey	Ulverston Victoria High School, Ulverston, Cumbria			13:03
8	Hannah Brearton	Upton Hall School FCJ, Wirral, Merseyside			13:07
9	Millie Jebb	The Queen Katherine School, Kendal, Cumbria			13:11
10	Sinead Gregory	Loreto Grammar School, Altrincham, Greater Manchester			13:17
11	Daisy Fielding	Sedbergh School, Sedbergh, Cumbria			13:18
12	Lucy Hetherington	Sedbergh School, Sedbergh, Cumbria			13:20
13	Ruby Cosgrove	Sedbergh School, Sedbergh, Cumbria			13:27
14	Cara Gregory	Loreto Grammar School, Altrincham, Greater Manchester			13:30
15	Holly Coates	West Kirby Grammar School, Wirral, Merseyside			13:30
16	Coco Neary	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			13:46
17	Isabelle Hevican	Loreto Grammar School, Altrincham, Greater Manchester			13:49
18	Jessica A Taylor	Canon Slade CofE School, Bolton, Greater Manchester			13:50
19	Jessica H Taylor	Canon Slade CofE School, Bolton, Greater Manchester			13:53
20	Ayesha Vose	Clitheroe Royal Grammar School, Clitheroe, Lancashire			13:55
21	Ella Cowan	Wirral Grammar School for Girls, Wirral, Merseyside			13:56
22	Lara Smith	The Queen Katherine School, Kendal, Cumbria			13:58
23	Susanna Thompson	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			14:00
24	Charlotte Booth	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			14:05
25	Grace Errington	Queen Elizabeth Grammar School, Penrith, Cumbria			13:07
26	Ruby Duxbury	The Queen Katherine School, Kendal, Cumbria			14:10
27	Iona Barrowdale-Smith	Ulverston Victoria High School, Ulverston, Cumbria			14:10
28	Ursula Bailey	Loreto Grammar School, Altrincham, Greater Manchester			14:14
29	Olivia Creasy	West Kirby Grammar School, Wirral, Merseyside			14:18
30	Olivia Barley	Sedbergh School, Sedbergh, Cumbria			14:20
31	Molly Shaw	Queen Elizabeth Grammar School, Penrith, Cumbria			14:26
32	Adela Jiraskova	West Kirby Grammar School, Wirral, Merseyside			14:28
33	Jennifer Pike	Canon Slade CofE School, Bolton, Greater Manchester			14:30
34	Elif Sancar	Sedbergh School, Sedbergh, Cumbria			14:41
35	Lucy Smout	West Kirby Grammar School, Wirral, Merseyside			14:42
36	Anna Thompson	Queen Elizabeth Grammar School, Penrith, Cumbria			14:47
37	Ellen Douglas	Ulverston Victoria High School, Ulverston, Cumbria			14:50
38	Sarah Ashcroft	Loreto Grammar School, Altrincham, Greater Manchester			14:55
39	Erin O'Leary	Upton Hall School FCJ, Wirral, Merseyside			14:57
40	Lucy Chester	Canon Slade CofE School, Bolton, Greater Manchester			15:02
41	Cosette Wearden	West Kirby Grammar School, Wirral, Merseyside			15:10
42	Tomoko Hoshiko	Wirral Grammar School for Girls, Wirral, Merseyside			15:12
43	Jemima Hearld	Sedbergh School, Sedbergh, Cumbria			15:17
44	Niamh Huddart	Clitheroe Royal Grammar School, Clitheroe, Lancashire			15:23
45	Beatrice Bartram	Wirral Grammar School for Girls, Wirral, Merseyside			15:25
46	Thea Ilet	Queen Elizabeth Grammar School, Penrith, Cumbria			15:38
47	Kate Booth	Wirral Grammar School for Girls, Wirral, Merseyside			20:00
	Madeleine Martindale	The Queen Katherine School, Kendal, Cumbria			dnf

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Intermediate Girls		Team Results	4	Scoring Athletes				
Pos	Name	School, Town, County						Time
<b>Intermediate Girls Team Results</b>								
Pos	School			1st	2nd	3rd	4th	Points
1	Altrincham Grammar School for Girls, Altrincham, Greater Manchester			2	16	23	24	65
2	Sedbergh School, Sedbergh, Cumbria			11	12	13	30	66
3	Wirral Grammar School for Girls, Wirral, Merseyside			1	3	21	42	67
4	Loreto Grammar School, Altrincham, Greater Manchester			10	14	17	28	69
5	Canon Slade CofE School, Bolton, Greater Manchester			4	18	19	33	74
6	Ulverston Victoria High School, Ulverston, Cumbria			5	7	27	37	76
7	West Kirby Grammar School, Wirral, Merseyside			6	15	29	32	82
8	Queen Elizabeth Grammar School, Penrith, Cumbria			25	31	36	46	138



## English Schools' AA Cross Country Cup 2022

### Regional Final, North West - Sedbergh School, Sedbergh - Sat 12th Nov 2022

Senior Girls		Team Results	4	Scoring Athletes	
Pos	Name	School, Town, County			Time
1	Kirsty Maher	Lancaster Royal Grammar School, Lancaster, Lancashire			18:26
2	Gabrielle Phelan	Upton Hall School FCJ, Wirral, Merseyside			18:48
3	Amara Rose	Queen Elizabeth Grammar School, Penrith, Cumbria			19:09
4	Sophie Huxtable	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			19:35
5	Sophie Cowin	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			19:46
6	Emma Theobald	Upton Hall School FCJ, Wirral, Merseyside			20:35
7	Sarah Theobald	Upton Hall School FCJ, Wirral, Merseyside			20:41
8	Jemima Berry	Sedbergh School, Sedbergh, Cumbria			20:44
9	Grace Monkhouse	Queen Elizabeth Grammar School, Penrith, Cumbria			20:45
10	Pia Hackstein	Sedbergh School, Sedbergh, Cumbria			20:45
11	Rhiannon Winder	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			20:58
12	Isabelle Barley	Sedbergh School, Sedbergh, Cumbria			21:25
13	Gemma O'Dowd	Queen Elizabeth Grammar School, Penrith, Cumbria			21:44
14	Beth Cosgrove	Sedbergh School, Sedbergh, Cumbria			22:15
15	Scarlett Harrison	Sedbergh School, Sedbergh, Cumbria			22:33
16	Emily Grainger	Upton Hall School FCJ, Wirral, Merseyside			24:23
17	Ava Power	Upton Hall School FCJ, Wirral, Merseyside			25:10
18	Sophie Sterne	Sedbergh School, Sedbergh, Cumbria			25:15
19		Merchant Taylors' Boys' School, Liverpool, Merseyside			26:00
20	Layla Westwell	Queen Elizabeth School, Kirkby Lonsdale, Cumbria			26:20
21	Martha Ord	Queen Elizabeth Grammar School, Penrith, Cumbria			26:42

#### Senior Girls Team Results

Pos	School	1st	2nd	3rd	4th	Points
1	Upton Hall School FCJ, Wirral, Merseyside	2	6	7	16	31
2	Queen Elizabeth School, Kirkby Lonsdale, Cumbria	4	5	11	20	40
3	Sedbergh School, Sedbergh, Cumbria	8	10	12	14	44
4	Queen Elizabeth Grammar School, Penrith, Cumbria	3	9	13	21	46